



INDES Shared example: Polly

Polly is 9 years old.

- Polly's speech and language skills are delayed by 12 months. She has difficulties with attention and listening and understanding (especially inference).
- Polly finds dealing with change difficult. She can become distressed when changing from one activity to the next.
- Polly is very sensitive to noise and certain textures. She finds busy spaces overwhelming, including assemblies and the canteen. She has ear defenders.
- Polly prefers to play on her own at playtime – playing fairies which is based on a tv show she likes. With adult support, she can play alongside others if the rules of the game are clear.
- Polly is a fluent reader and vivid writer. She has good mental maths skills. Often, she struggles to start independent work as she misses verbal instructions. When this happens, she can become very anxious.
- Polly often needs support to organise her belongings and frequently forgets her reading book/homework

How would you use the INDES to capture the profile of Polly's needs?