

Enable pupil voice to influence decisions

Carry out a survey with pupils to answer the following questions:

- What things in school support their wellbeing?
- How they rate this support
- How could the school better support their wellbeing?
- What would they like to see?
- Awareness of support systems in place

Surveys should be anonymous and can be done in groups/classes/school council meetings or individually.

It is important that the results of the survey are shared with pupils as well as the actions planned now and in the future.

Involve pupils in the actions going forward so they are part of the process of improving wellbeing for all pupils in school..

KS3/4/5

My wellbeing

What things in school support your mental health and wellbeing? E.g. Lessons about how to improve your wellbeing, support and understanding at stressful times or if you are experiencing difficulties etc.

--

Rate us

How well does your school support your mental health and wellbeing? 5 is brilliant

1	2	3	4	5

What could we do better?

How could we better support your wellbeing?

Give examples of what you would like to see put in place.

--

Awareness of support systems in place

When I need help, I know who to contact and how to access support. Give examples

--