

## Teachers supporting Young Carers

### Do...

- Check behaviour support plans / SEN support plans daily so strategies are 'fresh in your mind'.
- Be flexible:
  - Adapt your teaching approaches to meet young carers' needs. Involve them in this by asking them what would help!
  - Adapt targeted interventions, such as homework clubs, to meet young carers' needs e.g. homework clubs run at lunchtime, not after school.
- Notice when a CYP may be having a difficult day, let them know you are available to talk and support as needed.
- Pass on messages from home as soon as possible!

### Don't...

- Discuss a CYP's caring role in front of their peers.
- Treat young carers differently to other CYP but do understand that extra support will likely be needed!
- Give CYP consequences for behaviours linked to caring responsibilities e.g. if the CYP is late to class because they were helping their family member.