



Transition between Breakfast/After School Clubs and an Early Years setting

A Guide for Mums, Dads and Carers

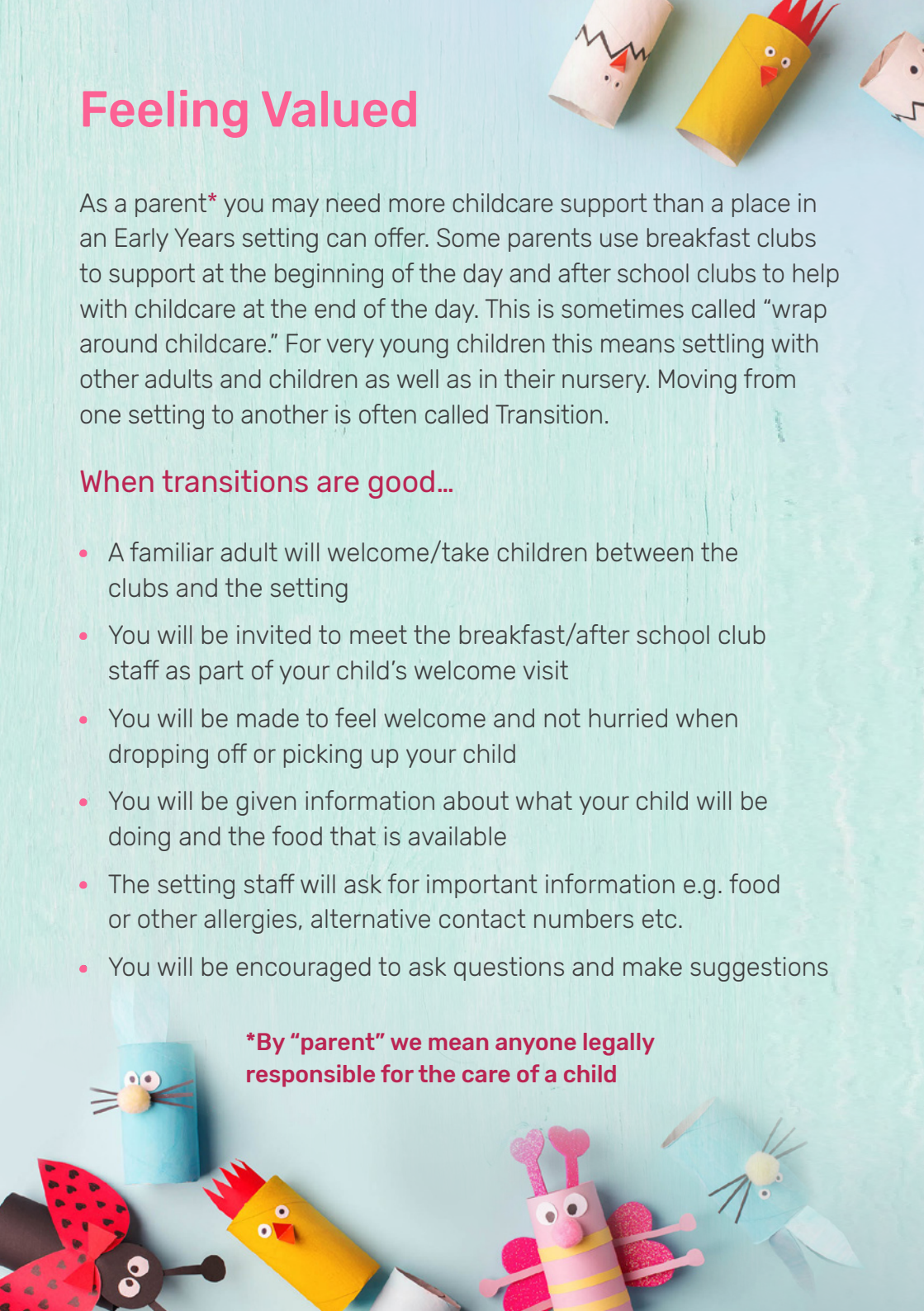
Feeling Valued

As a parent* you may need more childcare support than a place in an Early Years setting can offer. Some parents use breakfast clubs to support at the beginning of the day and after school clubs to help with childcare at the end of the day. This is sometimes called “wrap around childcare.” For very young children this means settling with other adults and children as well as in their nursery. Moving from one setting to another is often called Transition.

When transitions are good...

- A familiar adult will welcome/take children between the clubs and the setting
- You will be invited to meet the breakfast/after school club staff as part of your child’s welcome visit
- You will be made to feel welcome and not hurried when dropping off or picking up your child
- You will be given information about what your child will be doing and the food that is available
- The setting staff will ask for important information e.g. food or other allergies, alternative contact numbers etc.
- You will be encouraged to ask questions and make suggestions

***By “parent” we mean anyone legally responsible for the care of a child**



Forming Relationships and Building Trust



When transitions are good...

- The clubs and the setting will share information about what your child is doing so that you can talk about them at home (sometimes this will be in the form of an app that can be accessed via your smartphone or tablet)
- The setting will share “All About Me” books with the clubs so that everyone knows what is important to your child
- Clubs will make sure you have all the information you need on a daily/weekly basis
- Clubs will encourage your child to bring a favourite toy/comforter if that helps them to settle
- Clubs will support your child to be independent but will also be sensitive to your child’s individual needs
- Clubs will recognise when brothers and sisters need to be together and when they prefer to be apart

What if your child needs more support?

- If your child needs more support, you should be able to talk to staff about this
- Breakfast and after school clubs should be **inclusive** and **accessible**. This means the clubs need to make sure that they can meet **all** your child’s physical, social and emotional needs

Top Tips for helping your child to settle at breakfast/after school clubs

- Talk about what will happen at the club with your child and reassure them if they have any worries e.g. There will be toast at breakfast club, and I will tell them that you don't like butter on your toast, just jam.
- Try to spend some time with your child so that they are playing, or with a member of staff before you leave
- Have a separate "club bag" so that your child has all that they need (e.g. spare clothes, water bottle, favourite toy etc.)
- Talk about the things your child might do at the club, such as making models, snack time or looking at books
- Tell your child about any events coming up such as a holiday break, or a change of staff, especially if your child's key person will not be there

For further information you can visit:

www.norfolk.gov.uk/children-and-families/childcare-and-early-learning

For help with early education and childcare you can contact:

Norfolk Family Information on **0344 800 8020**

Email: **fis@norfolk.gov.uk**

Facebook: **www.facebook.com/NorfolkFIS**

Twitter: **www.twitter.com/@FISNorfolk**