



RSHE: Vision Statement Guidance

Establishing a shared vision for RSHE

Agreeing an overarching vision statement, underpinned by supporting principles, will help your school to provide consistently effective delivery of RSHE within the established aims and values of your school.

Identifying how RSHE can support your school mission statement is helpful in aligning policy, curriculum and teaching, contributing to whole school improvement.

The aims of your school RSHE can encompass the core values and principles that ensure high-quality, effective RSHE:

Example vision statement:

Relationships Education, Relationships and Sex Education and Health Education (RSHE) in this school is learning about the body, feelings, beliefs, relationships, rights and responsibilities and knowing how and when to ask for help if it is needed.

It involves acquiring information, developing skills and forming positive beliefs, values and attitudes. RSHE empowers children to build self-esteem, offer positive and open views and support mutual respect and celebration of self and others, providing a strong foundation to be successful in life by:

- ✓ *Providing a spiral curriculum, allowing for the development of knowledge relevant to the age and stage of the learner.*
- ✓ *Providing an inclusive learning environment which is safe and empowering for everyone involved.*
- ✓ *Teaching non-biased, accurate and factual information that is positively inclusive.*
- ✓ *Developing character skills to support healthy and safe relationships, ensuring comfortable communication about emotions, bodies and relationships and using appropriate terminology.*
- ✓ *Promoting critical awareness of differing attitudes and views presented through society, the media and peers to enable the nurturing of personal values based on respect.*
- ✓ *Providing protection from shock or guilt.*

- ✓ *Actively involving pupils as evaluators to ensure relevance.*
- ✓ *Ensuring pupils are informed of their rights, including the legal framework and how to access confidential help to keep themselves and others safe*

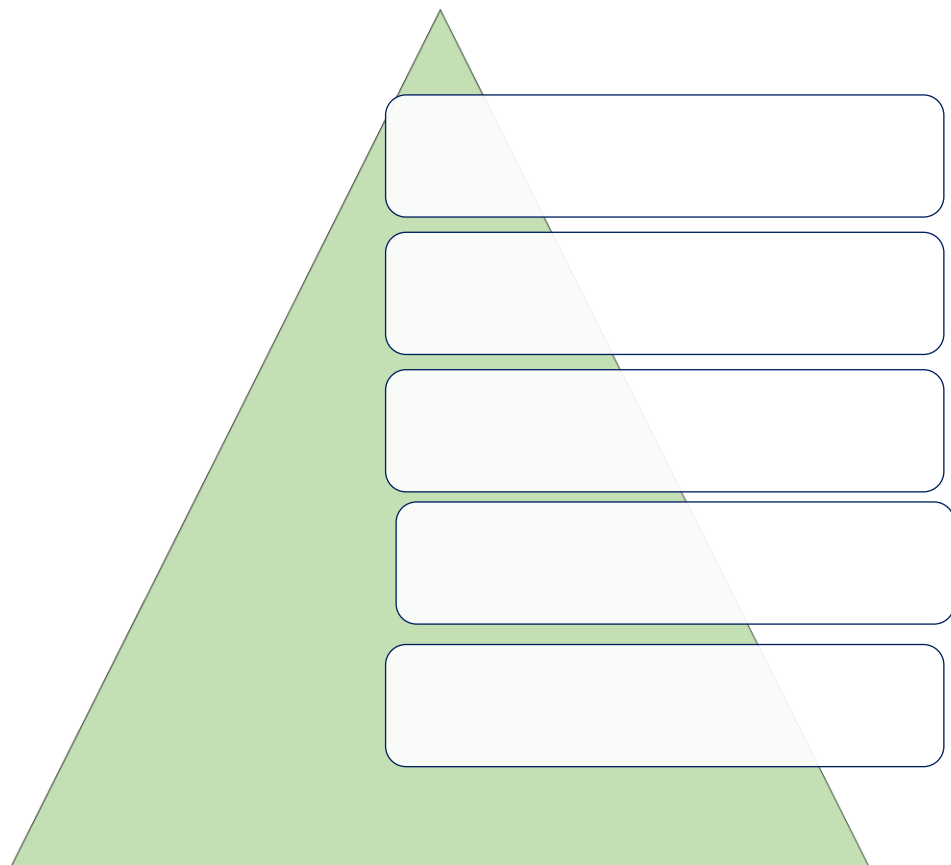
RSHE Vision Statement Reflection Sheet

Consider these questions:

What are the key challenges, risks and issues that are faced within our school community?

What is the role of RSHE in addressing these?

What 5 key things you would like RSHE to achieve in your school?



A green pyramid graphic is positioned on the left side of the page. To its right, five horizontal white boxes with rounded corners and blue borders are stacked vertically, overlapping the pyramid's right edge. These boxes are intended for students to list their responses to the questions above.

Develop a vision statement for RSHE that links to these priorities

RSHE vision statement for (insert name of school)

