



Choosing RSHE Resources

There are many excellent resources available for schools to use when providing these subjects; many of them free. Schools should carefully assess each resource they propose to use to ensure they are appropriate for the age and maturity of pupils and sensitive to their needs. Where relevant, schools should use resources that are medically accurate. Schools should also consider the expertise of the main subject associations who often quality assure third-party resources.

Schools must review the materials they use to make sure they are suitable for the children and young people they are working with. This will ensure that you are confident with the materials, and they are appropriate to the needs of the group. It remains the responsibility of schools, even where a resource is quality-assured, to ensure it is appropriate for pupils.

When deciding if a resource is suitable, you should consider:

- Does it align to the teaching requirements set out in the statutory guidance?
- Is it consistent with the school ethos, values framework and RSHE policy?
- Is it appropriate to the needs of the pupils in terms of language, images, maturity etc?
- Is it inclusive of all children and young people with respect to race, ethnicity, gender, sexual orientation, or disability?
- Does it include positive images of a range of people?
- Can the resource be adapted according to different levels of understanding?
- Is it factually correct and up to date?
- Is it simple to use or is extra training needed?
- Does it encourage active and participatory learning methods?
- Does it support pupils in applying their knowledge in different contexts and settings
- If you have used it before, what feedback did you receive from the pupils?

Under the government guidance schools have flexibility to choose what resources they use. When teachers have adequate subject knowledge in RSHE they can recognise factually correct information, and to use a range of resources skilfully to support discussion and challenge discrimination.